SCHEDULE - ALL DAYS - DAY 1

Sat, 7 Nov 2026

RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Int Men - W1 500m (Quota 6)	St. Final		9:00 am	
002	Master 70 Men - W1 500 (Quota 8)	St. Final		9:10 am	
003	Master 75 Men - W1 500 (Quota 7)	St. Final		9:10 am	
004	Int Women W1 500m (Quota 6)	St. Final		9:20 am	
005	Master 70 Women - W1 500 (Quota 7)	St. Final		9:30 am	
006	Gld Master Women - W1 500 (Quota 7)	St. Final		9:40 am	
007	Gld Master Men - W1 500 (Quota 9)	St. Final		9:50 am	
008	Snr Master Men - W1 500 (Quota 7)	Heat	1 / 2	9:50 am	
009	Snr Master Men - W1 500 (Quota 7)	Heat	2 / 2	10:00 am	See Race 017
010	Snr Master Women - W1 500 (Quota 8)	St. Final		10:10 am	
011	J16 Men W1 500m (Quota 5)	Heat	1 / 2	10:20 am	
012	J16 Men W1 500m (Quota 5)	Heat	2 / 2	10:30 am	See Race 018
013	J19 Women W1 500m (Quota 5)	Heat	1 / 2	10:40 am	
014	J19 Women W1 500m (Quota 5)	Heat	2 / 2	10:50 am	See Race 023
015	Master Men - W1 500 (Quota 6)	Heat	1 / 2	11:00 am	
016	Master Men - W1 500 (Quota 6)	Heat	2 / 2	11:10 am	See Race 021
	Lunch Break				
017	Snr Master Men - W1 500 (Quota 7)	Final		12:20 pm	
018	J16 Men W1 500m (Quota 5)	Final		12:30 pm	
019	J16 Women W1 500m (Quota 5)	St. Final		12:40 pm	
020	J19 Men W1 500m (Quota 5)	St. Final		12:50 pm	
021	Master Men - W1 500 (Quota 6)	Final		1:00 pm	
022	Open Men - W1 500 (Quota 6)	St. Final		1:10 pm	
023	J19 Women W1 500m (Quota 5)	Final		1:20 pm	
024	Open Women - W1 500 (Quota 5)	St. Final		1:30 pm	
025	U23 Women - W1 500m (Quota 4)	St. Final		1:30 pm	
026	Master Women - W1 500 (Quota 4)	St. Final		1:30 pm	
	Lunch Break				
027	Premier Men Dash - W1 250 (Quota 2)	Heat	1 / 2	1:55 pm	
028	Premier Men Dash - W1 250 (Quota 2)	Heat	2 / 2	2:05 pm	See Race 032
029	J19 Men Dash - W1 250 (Quota 2)	St. Final		2:15 pm	
030	J19 Women Dash - W1 250 (Quota 2)	St. Final		2:25 pm	
031	Premier Women Dash - W1 250 (Quota	St. Final		2:35 pm	
032	Premier Men Dash - W1 250 (Quota 2)	Final		2:45 pm	